November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Chair Fit 10:30am Word Games in the theater 10:45am Roaming Art Cart 1:30pm Discussion: D.B. Cooper Mystery on 4th	2 9:30am Chair Fit 10:30am Sing Along on 4th 10:45am Knitting on 2nd 1:30pm Cycling Without Age 1:45pm Mystery Stories on 4th	3 9:30am Chair Fit 10:30am Helping Hands on 2nd 1:30pm **Live Music with John & Toby**	4 9:30am Chair Fit 10:30am Crosswords on 2nd 1:30pm Bingo on 4th	5 9:30am Chair Fit 10:30am Whammo on 1st 1:30pm Cycling Without Age 1:30pm Coffee Chat on 1st	6 9:30am **Chair Yoga with Shelley** 10:30am Crosswords on 2nd 1:30pm Chair Dance on 3rd	7 10:00am Church Service w/ Reverend Fred & Daisy 1:30pm Discussion: Guy Fawkes Day on 4th 1:45pm Pamper & Polish
8 9:30am Chair Fit 10:30am Word Games in the theater 10:45am Roaming Art Cart 1:30pm Discussion: Wartime Song Quiz & Famous Military Quotes on 4th Diwali (Hindi)	9 9:30am Chair Fit 10:30am Sing Along on 4th 10:45am Knitting on 2nd 1:30pm Candy Day on 4th	10 9:30am Chair Fit 10:30am **Concerts in Care in the theater** 1:30pm Bingo on 4th	11 9:30am Chair Fit 10:30am Trivia and Coffee Chats on 2:00pm **Remembrance Day Service** with Reverend Fred & Daisy Veterans Day Remembrance Day (Canada)	12 9:30am Chair Fit 10:30am Whammo on 2nd 10:30am **Musical Room Visit with Bob** 1:30pm Decorating Christmas Trees on 1st 2:30pm Decorating Christmas Trees on 4th	13 9:30am Chair Fit 10:30am Music Trivia on 3rd 1:30pm Decorating Christmas Trees on 2nd 2:30pm Decorating Christmas Trees on 3rd	14 10:00am Church Service w/ Reverend Fred & Daisy 1:30pm Biography: Grace Kelly on 4th 1:45pm Pamper & Polish
15 9:30am Chair Fit 10:30am Word Games in the theater 10:45am Roaming Art Cart 1:30pm Armchair Travel: Oriental Express-Rome to Istanbul on 4th	16 9:30am Chair Fit 10:30am Sing Along on 4th 2:00pm **Vintage Fashion Showcase**	17 9:30am Chair Fit 10:30am Helping Hands on 2nd 1:30pm **Happy Hour Live Music by The Ca Hoots**	18 9:30am Chair Fit 10:30am Crosswords on 4th 1:30pm Bingo on 4th	19 9:30am Chair Fit 10:30am Whammo on 3rd 1:30pm Baking on 4th	20 9:30am **Chair Yoga with Shelley** 10:30am Crosswords on 2nd 1:30pm Chair Dance on 3rd	21 10:00am Church Service w/ Reverend Fred & Daisy 1:30pm Hand Mobility Class for 2nd & 4th on 4th 2:30pm Hand Mobility Class for 1st & 3rd on 1st 1:45pm Pamper & Polish
22 9:30am Chair Fit 10:30am Word Games in the theater 10:45am Roaming Art Cart 1:30pm Paint & Sip: Chrysanthemums on 4th	23 9:30am Chair Fit 10:30am Sing Along on 4th 10:45am Knitting on 2nd 1:30pm Crafts: Xmas Center Pieces on 4th	24 9:30am Chair Fit 10:30am Helping Hands on 2nd 1:30pm **November Birthday Party with Live Music by Bill & Shannon**	25 9:30am Chair Fit 10:30am Decorating the theater 1:30pm Bingo on 4th	26 9:30am Chair Fit 9:30am **Photos with Santa** 1:30pm Game time on 4th Thanksgiving Day (U.S.)	27 9:30am Chair Fit on 4th for 3rd & 4th 9:30am Chair Fit on 2nd for 1st&2nd 10:30am One on One Visits 1:30pm Crafts: Xmas Center Pieces on 1st	28 10:00am Church Service w/ Reverend Fred & Daisy 1:30pm Discussion: History of Jeans on 4th 1:45pm Pamper & Polish
29 9:30am Chair Fit 10:30am Word Games in the theater 10:45am Roaming Art Cart 1:30pm Art History: Michelangelo on 4th	30 9:30am Chair Fit 10:30am Sing Along on 4th 10:45am Knitting on 2nd 1:30pm Roaming Sensory Program 1:45pm Biography: Margaret Mitchell-Novelist on 4th					



Sidney all Care Residence, 2269 Mills Road Sidney, BC V8L 2C3, www.allcarecanada.ca **all programs are subject to change**