

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:30am Chair Fit 10:30am Whammo 1:30pm Bowling in theater 3:30pm 1-1 Visits 	9:30am Chair Fit 10:30am Knitting Social 10:30am Music Trivia on 3rd 2:00pm <b>Live Music</b> by <b>Two Among Friends</b> 3:00pm 1-1 Visit	9:30am Chair Fit 10:30 Helping Hands on 2nd 1:30pm Hot Apple Cider Trolley 3:30pm 1-1 Visits 	9:30am Chair Fit 10:30am Game Time 1:30pm Bingo on 4th 3:30pm 1-1 Visits	9:00am Video Calls 9:30am Chair Fit 11:00am Manicures 1:30pm <b>Live music by Michael Ray Trio</b> 3:00 1-1 Visits 	9:30am Chair Fit 10:00am Morning Music on 4th 1:30pm Social Club on 4th- Focus on Canadian Thanksgiving 1:30pm Community Library 3:30pm 1-1 Visits	10:00am Church Service w/ Deacon Fred & Daisy 1:30pm News & Views and Thanksgiving Trivia-2nd 3:00pm Walks & Talks  Simchat Torah Begins		
9:30am Chair Fit 10:30am Games 1:30pm Movie Matinee 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Manicures 1:30pm Knitting Social 2nd 1:30pm Social Club on 4th 3:00pm 1-1 Visit  Thanksgiving Day (Canada)	9:30am Chair Fit 10:30 Helping Hands on 2nd 2:00pm <b>Live Music by The Ca Hoots</b> 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Arts & Crafts on 3rd floor 1:30pm Bingo on 4th 3:30pm 1-1 Visits	9:00am Video Calls 9:30am Chair Fit 10:30am <b>Musical Room Visits with Don</b> 1:30pm Documentary 3:00 1-1 Visits 	9:30am Chair Fit 10:00am Morning Music on 4th 1:30pm Manicures 1:30pm Men's Group- Auto Collage 3:30pm 1-1 Visits	10:00am Church Service w/ Deacon Fred & Daisy 1:30pm Trivia & Autumn Stories-4th 3:00pm Walks & Talks		
9:30am Chair Fit 10:30am Whammo 1:30pm Bowling in theater 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Knitting Social 2nd 1:30pm <b>Granbuddies</b> with Positive Path Early Learning on 3rd 3:00pm 1-1 Visit 	9:30am Chair Fit 10:30 Helping Hands on 2nd 2:00pm <b>Happy Hour with Live Music with Bill and Shannon</b> 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Arts & Crafts on 3rd floor 1:30pm Bingo on 4th 3:30pm 1-1 Visits	9:00am Video Calls 9:30am Chair Fit 10:30am <b>Musical Room Visits with Bob</b> 1:30pm Armchair Travel 3:00 1-1 Visits	9:30am Chair Yoga with Shelley 10:00am Morning Music on 4th 1:30pm Social Club on 4th-Focus on Food from Around the World 1:30pm Community Library 3:30pm 1-1 Visits 	10:00am Church Service w/ Deacon Fred & Daisy 1:30pm News & Views-3rd 3:00pm Walks & Talks		
9:30am Chair Fit 10:30am Games 1:30pm Movie Matinee 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Current Events 10:30am <b>Resident Community Meeting for 2nd</b> 1:30pm Knitting Social 2nd 1:30pm Social Club on 4th 3:00pm 1-1 Visit	9:30am Chair Fit 10:30 Helping Hands on 2nd 10:30am <b>Resident Community Meeting for 3rd</b> 2:00pm <b>October Birthday Party with Live Music with The Encores</b> 3:30pm 1-1 Visits 	9:30am Chair Fit 10:30am Game Time 1:30pm Bingo on 4th 1:30pm <b>Resident Community Meeting for 1st</b> 3:30pm 1-1 Visits 3:00pm	9:00am Video Calls 9:30am Chair Fit 10:30am <b>Storytime</b> in Theater 1:30pm <b>Resident Community Meeting for 4th</b> 1:30pm Documentary 3:00 1-1 Visits 	9:30am Chair Fit 10:00am Morning Music on 4th 1:30pm Manicures 1:30pm Discussion Group-Focus on Vancouver Island 3:30pm 1-1 Visits	10:00am Church Service w/ Deacon Fred & Daisy 1:30pm Halloween Stories-1st 3:00pm Walks & Talks		
9:30am Chair Fit 10:30am Whammo 1:30pm Horse Racing in theater 3:30pm 1-1 Visits	9:30am Chair Fit 10:30am Knitting Social 2nd 1:30pm <b>Granbuddies</b> with Positive Path Early Learning on 3rd 3:00pm 1-1 Visit	9:30am Chair Fit 10:30 Helping Hands on 2nd 2:00pm <b>Halloween Party with Live music by Michael Majocha</b> 3:30pm 1-1 Visits  Halloween	Please make sure to RSVP a day in advance if you are planning on joining one of the recreation programs so we can plan accordingly. You can either email recreation at <a href="mailto:recreation@allcarecanada.ca">recreation@allcarecanada.ca</a> or in person with a recreation staff.					