

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30am ChairFit-2nd <b>4</b>                  11:00am Sing Along-3rd                  1:30pm Movie Matinee 1st                  3:00pm Walks &amp; Talks                  3:00pm 1:1 Get to Know You</p>	<p>9:30am Outdoor Walks <b>5</b>                  10:30am Crosswords on 1st                  11:00am 1:1 &amp; Sensory                  1:30pm Seasonal Crafts-4                  3:30pm Visits with Friends</p> <p>Labor Day</p>	<p>9:30am ChairFit in Theatre <b>6</b>                  10:00am 1:1 Get To Know You                  10:30am Helping Hands-2nd                  12:00pm BBQ Lunch 2nd                  3:00pm Manicures                  3:00pm Music &amp; Memories-4th                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:30am ChairFit-Theatre <b>7</b>                  10:00am 1:1 Get To Know You                  1:30pm BINGO! on 3rd                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:00am Video Calls <b>1</b>                  9:30am ChairFit-Theatre                  9:30am Cycling Without Age                  1:30pm 1:1 &amp; Sensory                  1:30pm Cycling Without Age                  3:00pm Read With Me-2nd</p>	<p>9:30am ChairFit-Theatre <b>2</b>                  10:00am Morning Music 4th                  11:00am 1:1 &amp; Sensory                  1:30pm Bowling in Theatre                  3:00pm 1:1 Get to Know You                  3:30pm Visits with Friends</p>	<p>9:30am 1:1 &amp; Sensory <b>3</b>                  10:00am Church Service with Deacon Fred &amp; Daisy-Theatre                  1:30pm Cycling Without Age                  1:30pm Plant Care/Patio Time                  3:00pm Mens' Group-2nd                  3:00pm Manicures                  3:30 Visits with Friends</p>
<p>9:30am ChairFit-Theatre <b>11</b>                  9:45am Coffee Chat 1st                  11:00am Sing Along-3rd                  1:30pm Whammo! 4th                  3:00pm Walks &amp; Talks                  3:00pm 1:1 Get to Know You</p> <p>Grandparents Day</p>	<p>9:30am Drumming Circle <b>12</b>                  10:30am Crosswords on 1st                  11:00am 1:1 &amp; Sensory                  1:15pm Seasonal Crafts-4th                  2:30pm Live Music with Michael Langley-Theatre                  3:30pm Visits with Friends</p>	<p>9:30am ChairFit in Theatre <b>13</b>                  10:00am 1:1 Get To Know You                  10:30am Helping Hands-2nd                  12:00pm BBQ Lunch 3rd                  3:00pm Manicures                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:30am ChairFit-Theatre <b>14</b>                  10:00am 1:1 &amp; Sensory                  1:30pm Coffee Chat-4th                  2:30pm Live Music-Theatre with Side By Side                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:00am Video Calls <b>15</b>                  9:30am ChairFit-Theatre                  9:30am Cycling Without Age                  11:00am 1:1 Get to Know You                  1:30pm Where in the World 1st                  1:30pm Cycling Without Age                  3:30pm Read With Me-2nd</p>	<p>9:30am ChairFit-Theatre <b>16</b>                  10:00am Morning Music 4th                  11:00am 1:1 &amp; Sensory                  2:30pm Live Music with Bill Kent in Theatre                  3:30pm Visits with Friends</p>	<p>9:30am 1:1 &amp; Sensory <b>17</b>                  10:00am Church Service with Deacon Fred &amp; Daisy-Theatre                  1:30pm Cycling Without Age                  1:30pm 1:1 Get to Know You                  3:00pm Mens' Group-2nd                  3:00pm Manicures                  3:30 Visits with Friends</p>
<p>9:30am ChairFit-Theatre <b>18</b>                  9:45am Morning Stretch 4th                  11:00am Sing Along-3rd                  1:30pm Movie Matinee 1st                  3:00pm Walks &amp; Talks                  3:00pm 1:1 Get to Know You</p>	<p>9:30am ChairFit-2nd floor <b>19</b>                  10:30am Crosswords on 1st                  11:00am 1:1 &amp; Sensory                  1:30pm Seasonal Crafts-4th                  1:30pm Knitting Social 2nd                  3:30pm Visits with Friends</p>	<p>9:30am ChairFit-2nd floor <b>20</b>                  10:00am 1:1 Get To Know You                  10:30am Helping Hands-2nd                  12:00pm BBQ Lunch 4th                  3:00pm Manicures                  3:00pm Music &amp; Memories-3rd                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:30am ChairFit-2nd floor <b>21</b>                  10:00am 1:1 Get To Know You                  11:00am 1:1 &amp; Sensory                  1:30pm BINGO! on 3rd                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:00am Video Calls <b>22</b>                  9:30am ChairFit-2nd floor                  9:30am Cycling Without Age                  1:30pm Cycling Without Age                  1:30pm Live Music on Patio 2 with Christy for 2nd &amp; 4th                  2:30pm Live Music on Patio 1 with Christy for 1st &amp; 3rd</p>	<p>9:30am ChairFit-Theatre <b>23</b>                  10:00am Morning Music 4th                  11:00am 1:1 &amp; Sensory                  1:30pm Bowling in Theatre                  3:30pm Visits with Friends</p>	<p>9:30am 1:1 &amp; Sensory <b>24</b>                  10:00am Church Service with Deacon Fred &amp; Daisy-Theatre                  1:30pm Cycling Without Age                  2:30pm Live Music-Michael Majocho-Theatre</p>
<p>9:30am ChairFit-Theatre <b>25</b>                  9:45am Coffee Chat 1st                  11:00am Sing Along 3rd                  1:30pm Whammo! 3rd                  3:00pm Walks &amp; Talks                  3:00pm 1:1 Get to Know You</p> <p>Rosh Hashanah Begins</p>	<p>9:30am Drumming Circle <b>26</b>                  10:00am 1:1 Get to Know You                  11:00am Live Music in Theatre with John Hewson                  1:30pm Seasonal Crafts-4th                  1:30pm Knitting Social 2nd                  3:30pm Visits with Friends</p>	<p>9:30am ChairFit in Theatre <b>27</b>                  10:00am 1:1 Get To Know You                  10:30am Helping Hands-2nd                  12:00pm BBQ Lunch 1st                  3:00pm Manicures                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:30am ChairFit-Theatre <b>28</b>                  10:00am 1:1 Get To Know You                  11:00am 1:1 &amp; Sensory                  2:30pm Birthday Party-Theatre                  3:30pm Visits with Friends                  4:00pm Cycling Without Age                  5:30pm Cycling Without Age</p>	<p>9:00am Video Calls <b>29</b>                  9:30am ChairFit-Theatre                  9:30am Cycling Without Age                  11:00am 1:1 Get to Know You                  1:30pm 1:1 &amp; Sensory                  1:30pm Cycling Without Age                  3:30pm Read With Me-2nd</p>	<p>9:30am ChairFit-Theatre <b>30</b>                  10:00am Morning Music 4th                  11:00am 1:1 &amp; Sensory                  1:30pm Games Time-3rd                  3:30pm Visits with Friends</p>	<p><b>All Care</b> SIDNEY</p>

\*\*all programs are subject to change