



July 2018 Calendar of Events




Sun Mon Tue Wed Thu Fri Sat

Let's wear red!
Happy Canada Day!
9:30 Canada Day Sidney Parade!
1:30 Strawberry Parfaits on the 2nd floor Patio



2
 9:30 Stick it! 4th
 9:30 Coffee Chat 1st
 10:30 Hand Bells 3rd
 10:30 1:1 Visits 2nd
 2:00 Sing a long 3rd
 3:00 1:1 Visits 3rd/4th


3
 9:30 Sit N Dance 4th
 9:30 Word Games 2nd
 10:30 Bowling Theatre
2:00 Music with Andy 4th
 3:30 Reading Circle 3rd
 3:30 Garden Club 1st




4 9:30 Rise N Shine Fitness 4th
 10:30 iPods with Friends 3rd
11:30 Lunch Bunch – Waddling Dog
 1:30 Tone Chimes 4th
 3:00 Visit with Friends 2nd
 6:00 Fab 5 Sensory 3rd




5 9:30 Chair Fit 4th
 10:30 Move To Music 3rd
 1:30 Arm Chair Travel 1st
 2:00 Tea and Teasers 4th
 3:00 Game Time 3rd
 3:30 Garden Club 2nd
 6:30 Reading Circle



6 9:30 News and Views 4th
 9:45 Music Therapy 3rd
 10:30 Crosswords 2nd
 10:30 Garden Club 1st
 1:30 Reminisce 2nd
 2:30 Buddy Bingo 3rd
 3:30 Walks with Friends



7 10:30 Church Service with Father Jack 3rd
 10:30 Stretch N Strength 4th
 1:30 Manicures 3rd
 2:00 Whammo! 4th
 3:00 Reminisce 1st
 3:00 Walk with Friends




8
 9:30 Chair Tai Chi 4th
 10:30 iPods with Friends 3rd
2:30 Gillian Russel Theatre
 Old Style pop songs
 6:00 BINGO! 4th



9 9:30 Stick it! 4th
 9:30 Baking 1st
11:30 BBQ Lunch for 3rd 1st Patio
 2:00 Sing a long 3rd
 3:00 1:1 Visits 3rd/4th
 3:00 Rose Garden Walks




10
 9:30 Sit N Dance 4th
 9:30 Word Games 2nd
 10:30 Bowling Theatre
2:00 Music with Andy 3rd
 3:30 Reading Circle 3rd
 3:30 Garden Club 1st



11
 9:30 Rise N Shine Fitness 4th
 9:30 Sunshine Clowns Visit
 10:30 iPods with Friends 3rd
 1:30 Garden Social 1st
 3:00 Visit with Friends 2nd
 6:00 Fab 5 Sensory 3rd




12 9:30 Chair Fit 4th
 10:30 Move To Music 3rd
 1:30 Arm Chair Travel 1st
 2:00 Tea and Teasers 4th
 3:00 Game Time 3rd
 3:30 Garden Club 2nd
 6:30 Reading Circle 1st



13
 9:30 News and Views 4th
 10:30 Crosswords 2nd
 10:30 Garden Club 1st
2:30 The Encore Duo Theatre
 4:00 1:1 Visits



14
 10:30 Church Service with Father Jack 3rd
 10:30 Stretching with Sue 4th
2:30 Byron Woods Theatre
 3:00 Walk with Friends




15
 9:30 Chair Tai Chi 4th
 10:30 iPods with Friends 3rd
 1:30 Games in the Garden 1st
 3:00 Brain Gym 2nd
 6:00 BINGO! 4th



16 9:30 Stick it! 4th
11:30 BBQ Lunch for 2nd 2ndPatio
 2:00 Sing a long 3rd
 3:00 1:1 Visits 3rd/4th
 3:00 Rose Garden Walks



17 60's Day!
 9:30 Sit N Groove 4th
 9:30 Brain Power Words 2nd
 10:30 Psychedelic Bowling Theatre
2:00 –3:00 "Hippy Hippy Shake" with Andy Theatre




18
 9:30 Rise N Shine Fitness 4th
 10:30 iPods with Friends 3rd
 1:30 Garden Social 1st
 1:30 Family and Resident Council
 3:00 Visit with Friends 2nd
 6:00 Fab 5 Sensory 3rd




19
 9:30 Chair Fit 4th
 10:30 Move To Music 3rd
1:30 Scenic Bus Tour
 3:00 Game Time 3rd
 3:30 Garden Club 1st
6:30 Michael Majocho 3rd



20
 9:30 News and Views 4th
 10:30 Crosswords 2nd
 10:30 Garden Club 1st
 1:30 Reminisce 2nd
 2:30 Buddy Bingo 3rd
 3:30 Walks with Friends



21 10:30 Church Service with Father Jack 3rd
 10:30 Stretch N Strength 4th
 1:30 Manicures 3rd
 2:00 Whammo! 4th
 3:00 Reminisce 1st
 3:00 Walk with Friends





22
 9:30 Chair Tai Chi 4th
 10:30 iPods with Friends 3rd
 1:30 Games in the Garden 1st
 3:00 Brain Gym 2nd
 6:00 BINGO! 4th



23 9:30 Stick it! 4th
11:30 BBQ Lunch for 1st Patio
 1:30 Sing a long 3rd
 3:00 1:1 Visits 3rd/4th
 3:00 Rose Garden Walks




24
 9:30 Sit N Dance 4th
 9:30 Word Games 2nd
 10:30 Bowling Theatre
2:00 Music with Andy 2nd
 3:30 Reading Circle 3rd
 3:30 Garden Club 1st


25 9:30 Rise N Shine Fitness 4th
 9:30 Sunshine Clowns Visit
 10:30 iPods with Friends 3rd
1:30 Scenic Bus Tour
 1:30 Tone Chimes 4th
 3:00 Visit with Friends 2nd
 6:00 Fab 5 Sensory 3rd



26
 9:30 Chair Fit 4th
 10:30 Move To Music 3rd
 1:30 Arm Chair Travel 1st
 2:00 Tea and Teasers 4th
 3:00 Game Time 3rd
 3:30 Garden Club 2nd
 6:30 Reading Circle 1st



27
 9:30 News and Views 4th
 9:45 Music Therapy 3rd
 10:30 Crosswords 2nd
 10:30 Garden Club 1st
2:30 July Birthday Party Theatre




28 10:30 Church Service with Father Jack 3rd
 10:30 Stretching with Sue 4th
1:30 Summer Parfaits in the Garden 1st floor patio
 3:00 Walk with Friends




29
 9:30 Chair Tai Chi 4th
 10:30 iPods with Friends 3rd
 1:30 Games in the Garden 1st
 3:00 Brain Gym 2nd
 6:00 BINGO! 4th



30 9:45 Stick it! 4th
11:30 BBQ Lunch for 4th 1st Patio
2:30 High Tea with Joan Songhurst Theatre



31
 9:30 Sit N Dance 4th
 9:30 Word Games 2nd
 10:30 Bowling Theatre
2:00 Music with Andy 4th
 3:30 Reading Circle 3rd
 3:30 Garden Club 1st



Friends and Families are always welcome at all of our activities or join us for a meal. Please RSVP one day in advance for special event or if you would like to enjoy a meal, to reception@allcarecanada.ca
 Meal prices are: Breakfast-\$8 Lunch-\$10 Dinner-\$12
 Activities are subject to change we appreciate your understanding

